

# EXAMPLE

## Montrose Discovery Preschool Weekly Lesson Plan

Week Of: September 1-5

Theme: Apple Harvest

Letter of the Week: A a

Day	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Group Activity</b>	Self-portraits using Sliced Apple Pieces	Graphing Activity: Our Favorite Types of Apples	Working on Fine Motor Skills: Creating a Class "Apple Quilt"	Listening to the story of "Johnny Appleseed"	"Let's Find Out!" Friday Homework
<b>Physical/ Movement Activity</b>	Nature walk around Montrose park	Soccer on the Sports Field: Learning to Kick the Ball	<i>Yoga Time!</i> Pose of the Day: Apple Tree	Playground Obstacle Course using our Gross Motor Skills	<i>Special Activity!</i> Tricycles
<b>Circle Time</b>	Introduction to Songs and Poems about Apples	Cooking Project: Home-made Apple Sauce	Class Reading: <u>Apples</u> by Gail Gibbons	How many words can we list that begin with the letter A?	Pre-K Activity of the Week

Dramatic Play	Block/Building	Language/Literacy	Math/Manipulative	Science	Creative Art	Sensory
Welcome to "Karen's Apple Themed Restaurant"!	Building a Farm using items found on our Nature Walk	A is for Apple	Addition using Apple Seeds	Measuring and Baking: Mini Apple Muffins	Open-ended Art using Apple Halves	"Will a whole apple sink or float?" Water Table Fun